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BABY BLUE & SUNSHINE

California / April 13, 2015



Horizontal stripes aren't exactly known for their slimming effect, but I have a few maternity tops I'm loving and last week I had my first glimpse into the pregnancy perks you receive as soon as you sport a bump in public. I've grown a lot the past month and suddenly strangers started noticing I was pregnant which resulted in unexpected smiles on the BART train, 'Good Luck' wishes, super friendly customer service at Bank of America and even complimentary shopping bags. Paper bags cost 10 cents in SF and I've never been offered one free prior to being pregnant. Even little gestures can make your day.

So last week when I had the chance to check out HALO Blow Dry Bar in Burlingame, I wore one of my comfy, striped stretchy tops that really shows my bump inspired by this maternity look I saw on Blake Lively when she was about 8 months along...



<The Scene ~ On our way back from HALO, we drove through one of my favorite spots in San Francisco on Potrero Hill that overlooks the city>



Bump Drama – Just as my stylist, Andi, had lathered up my hair, I started to feel a little queasy. I think the baby had a growth spurt this month, which caused some random moments of morning sickness. Suddenly I started feeling nauseous right in the middle of my hair appointment...ugh!

Halo Angels – Andi and Jenn, the manager, were so nice and understanding. I was definitely a little embarrassed I wasn't feeling well and dragging out the appointment. I took a couple breaks to take some deep breaths as they offered me ice-water and tea until I felt better. Whew! Andi finished my blow out after applying a bit of volumizer. I showed her a pic of how I wanted my blow out styled and within 20 minutes, she'd created the soft, wavy look.



The Blow Out – I added in a few clip-in extensions toward the bottom for length, looked at HALO's Makeup Bar and then Jen gave me a 'Guide to Make Your Blow Out Last,' plus some dry shampoo to send me out to enjoy the sunshine. So how long did the blow out really last?

Halo Results – There are SO many blow dry bars across the country and I've had a lot I love, but so far HALO's has lasted the longest* with minimal effort. To help protect it, I slept on

my Savvy Sleeper satin pillow case each night, wore a shower cap and used a bit of dry shampoo on the following days. By the 4th day, my blow out still had its volume and shine when I braided it for an afternoon meet-up with Adrienne of Rich Life on a Budget.

*I think the big key was that she didn't add a lot of products and just a tiny bit of finishing spray for my fly-aways, so my hair never felt weighed down or greasy. Mention this trick to your blow dry bar if you're in a different city and want it to last longer.

DETAILS by Dale> maternity jeans & top - H&M MAMA / Zara jacket (old) / handbag - Gucci (last seen here) / Heels Marc Fisher (super comfortable) – recent DSW (similar here at Macy's) / Blow out special thanks to Halo Blow Dry Bar – Burlingame, CA (4 Locations in the SF Bay Area)

I hope you had a great weekend! I spent the past couple weeks catching up with friends and family in Nor Cal. New posts from California coming all this week!

~XO,

Rah Janelé

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Hi! I'm Dale. A San Francisco fashion columnist, sour candy addict, founder of Savvy Spice and married living in Switzerland. I launched the world's first line of unisex satin pillow cases for anti-aging, plus healthier hair and skin called Savvy Sleepers. Stay Savvy Trendsetters! For questions or advertising inquiries, please email me at dale202@gmail.com



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