# THE CURRENT TALK **\* Holiday Gift Ideas**

# For Her

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## Gift of Beauty

Are your eyes tired and puffy from too many holiday parties? Consider treating yourself to LaBelle Day Spa's top-selling Beauty Globes + De-Puff & Smoothing Serum for Eyes Kit (\$95). Powerhouse licorice root joins detoxifying seaweed and moisturizing D panthenol-hyaluronic acid to combat inflammation and boost collagen, while a potent hexapeptide relaxes expression lines and restores elasticity. www.labelledayspas.com

## Miracle Pen

Give the gift of beauty this season with a treatment for fine lines and acne scars that spurs on an improvement of the skin's overall appearance-Automated Micro-Penning (also known as Collagen Induction Therapy, or CIT). The physicianled team at Palo Alto's SkinSpirit has staked their reputation on always being at the cutting edge of medical skincare aesthetics, and Micro-Penning is the latest addition to their roster of treatments. Micro-Penning creates superficial, microacopic channels in the skin through a topical gel, resulting in improved texture, reduced appearance of acne, and a softening of wrinkles. Not only does it help reduce the appearance of fine lines, but it also has a positive affect on uneven skin tone, giving you younger looking skin. Treatment areas include the face, neck, and décolleté. In a nutshell, Micro-Penning makes everything else that you are doing for your skin work even better. Micro-needling allows skincare product ingredients to penetrate deeper, which boosts efficacy and promotes a healthy glow. It's great for people of all ages. www.skinspirit.com

