



HOW TO LOSE 10 YEARS IN 20 MINUTES! MICROPENNING AT SKIN SPIRIT! #BEAUTYSECRETS

November 11, 2014

My skin is my calling card. All of us look at people and we check out faces, skin and beauty. I try to take good care of mine...but I'm not going to pretend that age and the elements haven't taken it's toll on my efforts.



It's wintertime and I am outside a LOT which means that I am constantly exposed to the elements. So I knew that being a thirty something that I needed to do something extreme....micro needling. I was invited to **Walnut Creek's upscale spa Skin Spirit** along with my beautiful Mother, Corrie J. Sampson and we went for a double session of Micro Pinning. My mother decided that I should go for the first session so that she could see what the outcome would be! I never mind being the tester!

First of all I want to emphasize what a beautiful location Skin Spirit is located in. When you walk in everything is beautiful, including the staff. It gave me confidence that if the staff looked this good I could get hooked up too!



Of course there was a delightful nut and tea bar! We took advantage of that while we were sitting in the posh waiting area while filling out our medical documents.



Yes...you will have to fill out medical documents! They will want to know if you have any allergies to keep you safe and pretty!



Hilarie & My Mother had a Quick Consult about my skin before the procedure.

When it was our turn we went into a nice serene room and I was able to get on a **heated table**. Yes girl....I was wrapped up in a warm cocoon while Hilarie prepped me for my treatment. She told me exactly what was about to happen then she numbed my face!



Very Serene Room
...perfect for Micro Penning!

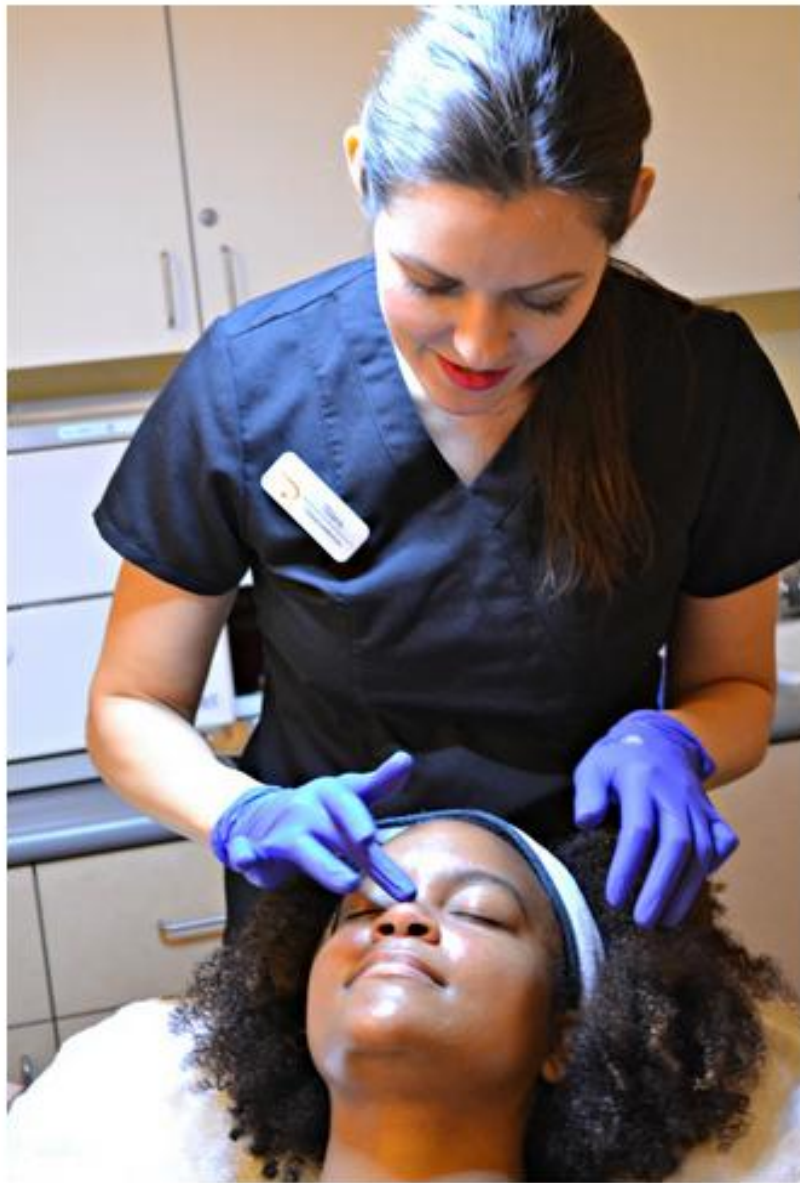
...although I kept talking.





Beauty Treatments
at Skin Spirit are
extremely relaxing.





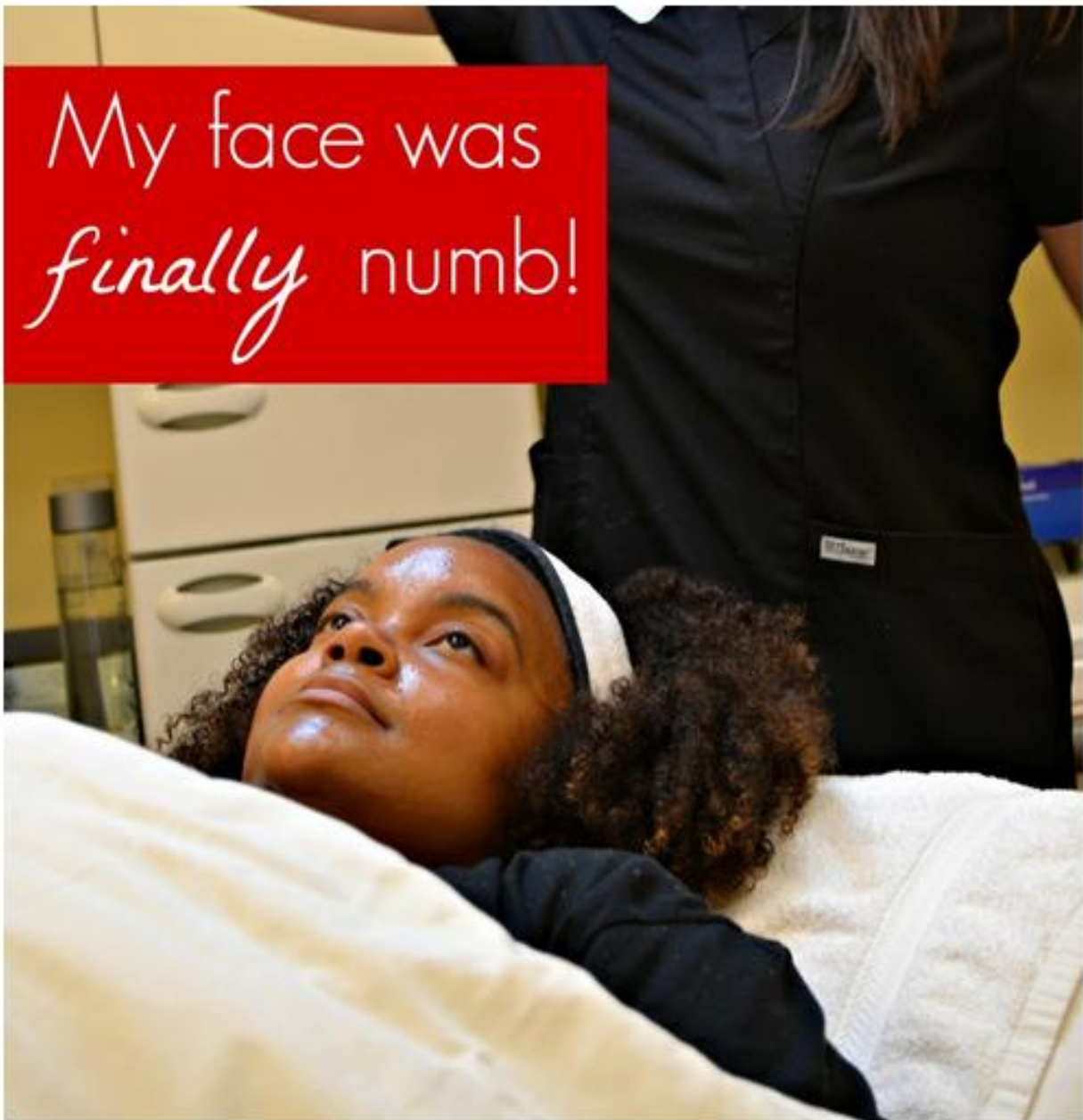
Then came the penning. So Hilarie warned me that the pinning would be "tolerable." I was totally anxious and of course nervous that there would be "pins" in my face. But it was little more than ticklish. There was really nothing to be anxious about.



This is the "Pen" that is used to create more youthful skin!



The complete "Micro Pen."



My face was
finally numb!

What is Micro Penning?

Micro-Penning is the latest in skin revitalization. This new, innovative treatment is a safe alternative to common skin resurfacing tools such as lasers and dermal rollers and has minimal to no downtime.

Micro-Penning not only helps reduce the appearance of fine lines and wrinkles, but also has a positive effect on uneven skin tone and acne scars, improving the skin's overall appearance, giving you fresher, younger looking skin. Depending on the size of the treatment area, a Micro-Penning treatment can last anywhere from 15 to 30 minutes. Treatment areas include the face, neck and décolleté. Most people can return to their normal, daily activities immediately after treatment.

[More from the Skin Spirit Site](#)

Awesome Pre-Treatment!

Then there was the warm minty towel. That is simply a little piece of heaven.



This Mint Towel-*Life!*

My face was moderately sore and I was honestly ready to go home after the treatment. Unfortunately I had to work ...out in the sun. Hillarie made sure that I was totally protected with tinted sunscreen and other protective serums. The level of service and care that Hillarie and Skin Spirit offer is impressive and let me know that my skin was their priority.

I was instantly Dewey.



It was the next day though that was beautiful and amazing and my skin was soooo freaking smooth and I was literally searching for fine lines and pores. Yeah, my biggest complaint....eradicating.

Classily Yours,
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I received a complimentary treatment for this procedure, however, all of my Classy opinions and thoughts are totally my own!